

# Who can participate?

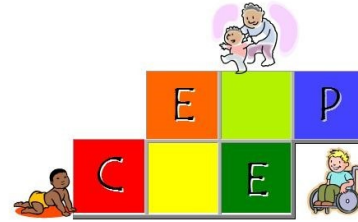
## CEEP enrolls children who:

- are diagnosed with CP
- are 2-6 years old when starting CLC
- are Michigan residents
- speak English
- have never attended Conductive Education
- see well enough to make eye contact
- can carry out simple instructions
- have no chronic medical conditions that would interfere with regular attendance at CLC
- can stop receiving current physical therapy, or other programs for CP, for 4 weeks while attending CLC

## Time and transportation

- Families must be willing to transport their child to CLC for 4 weeks, Monday-Friday, for a 3 or 5 hour program. Children ages 2-3 will be enrolled in the "Parent and Child Group" session, where the parent or caregiver stays with the child at all times.
- After a free 4-week session at CLC, there is NO obligation to continue Conductive Education. You are free to participate in whatever services you and your child prefer.

## Conductive Education Evaluation Project (CEEP)



## CEEP Study Team

Madeleine Lenski, MSPH  
Nigel Paneth, MD, MPH  
Deborah Weiland, MSN

Department of Epidemiology and Biostatistics  
Michigan State University  
909 Fee Rd | Room B601  
East Lansing, MI 48824  
517.353.8623 x100

Email: [ceep@epi.msu.edu](mailto:ceep@epi.msu.edu)  
Phone: 517.432.7182 / Toll Free 877.417.6824  
[www.facebook.com/ceep.study](http://www.facebook.com/ceep.study)  
[www.epi.msu.edu/ceep](http://www.epi.msu.edu/ceep)



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# Conductive Education Evaluation Project (CEEP)

A research study of young children ages 2-6 with cerebral palsy

## Conductive Education Evaluation Project (CEEP)



MICHIGAN STATE UNIVERSITY



*Have you heard of Conductive Education?  
Here is an opportunity for you to receive a  
free 4-week session at the Conductive  
Learning Center (CLC) in Grand Rapids,  
Michigan*




## The Conductive Education Evaluation Project (CEEP)

CEEP is a research project designed at Michigan State University by the Cerebral Palsy Outreach Network (CPON) team. The study will compare the effectiveness of Conductive Education to other cerebral palsy services for children ages 2-6. Families will be asked to participate in a free 4-week long Conductive Education session that fits their child's age and abilities.

## What is Conductive Education?

Conductive Education (CE) combines the development of physical, social, and thinking skills in a daily educational program for children with motor disabilities such as CP or spina bifida. Its goal is to teach children how to make the most use of their muscles, and to encourage social interaction and independence. Children learn in a small group setting with attention to individual needs. Many CE activities use rhythm, music, and specially designed exercise equipment.

Conductive Education was developed in Hungary in 1945 and is currently practiced in over 30 countries. Grand Rapids' private, non-profit Conductive Learning Center (CLC) was established in 1998. Find more information about CLC's work at its website: [conductivelearningcenter.org](http://conductivelearningcenter.org)



## How to enroll in the CEEP study

- You and your child will be interviewed by the CLC director for eligibility for the study.
- If eligible, your child will be assessed with standard tests to learn about their movement abilities. These assessments can be enjoyable for children. Assessments will be videotaped, with copies available on request.
- Parents will be asked to complete several questionnaires about their child's physical and social skills and activities.
- At no cost, your child will receive a 4-week Conductive Education session (a total of 60 to 100 hours) at CLC.
- Participants can enroll at any time while the study is ongoing (at least through 2017).
- Children are enrolled in a CLC session that fits their age, abilities and family schedule.